

Job Description

Support Worker – Bounce Back for Kids



Line manager: BB4K Service Lead

Direct reports: None

Indirect reports: Volunteers who are co-facilitating groups

Diversity Commitment

For this post, we particularly encourage applications from those with personal or work experience in the field of domestic abuse who meet the essential requirements for the role.

PACT is a supportive and respectful place where people are passionate about making a positive difference to the lives of women, children and families from many different backgrounds. We continuously look to progress the ways in which we create families and bring people together and encourage applications from people across all communities. We are committed to ensuring that our people and our services reflect the diversity of the communities we serve and applications from people from under-represented groups are particularly welcomed.

Our work

Bounce Back for Kids (BB4K) is a support programme for children and families affected by domestic abuse. The programme uses therapeutic techniques, aimed at children aged between 3 and 11 years old and their non-abusing parent. It has been developed by Parents And Children Together (PACT) and provides support to families once the abuse has ended and the perpetrator is no longer living in the family home.

The key aims of the BB4K service are:

- To understand the cycle of domestic abuse
- To understand and heal from trauma
- To provide families with the tools to enable them to keep safe
- To validate and empower children and their parent / main carer
- To give parents the opportunity to see domestic abuse through the eyes of their child
- To strengthen positive and healthy attachments between children and their parent / main carer
- To raise children's self-esteem whilst giving them an opportunity to explore and express their feelings through fun, child-focused activities in a safe therapeutic way
- To improve children's school attendance, learning and development

It is our intention to develop the service so that it is responsive to the individual needs of the families and could include groupwork, individual support, play, art, or drama therapy, Zoom workshops, newsletters or private social media groups.

The Role

The role of a BB4K Support Worker is key to supporting our families through providing outreach support, co-facilitating the BB4K group work as well as targeted 1-2-1 delivery of the programme when required.

Key Tasks

Supporting families affected by domestic abuse	
<input type="radio"/>	Reporting to the BB4K Service Lead, to plan, promote and deliver BB4K groups for children and parents and 1-2-1 sessions to children and families in most need.
<input type="radio"/>	Provide individual support to families who are not able to access a BB4K group or until a BB4K group is available in their area.
<input type="radio"/>	Support the BB4K volunteers to co-facilitate programmes and groups.
<input type="radio"/>	Respond to BB4K queries and process referrals for BB4K programmes.
<input type="radio"/>	To support the completion of assessments to understand the needs of families and, in discussion with managers, through a triage system, agree a programme of support, signposting to other relevant agencies when appropriate.
<input type="radio"/>	Delivery of other domestic abuse groups either face to face or virtually.
<input type="radio"/>	Adopting a trauma informed, non-judgmental approach to empower service users to make positive sustainable changes.
<input type="radio"/>	To liaise with professionals from other agencies as required.
<input type="radio"/>	To maintain appropriate records for monitoring purposes. To maintain case management paperwork and records with input from the service users to capture support needs, change and outcomes.
<input type="radio"/>	Consistently review your work, obtaining feedback from clients on exit from the service and using this to inform the development of our services.
<input type="radio"/>	Participate in supervision, training and meetings as required, and assist in the development of services in line with agreed development plans.
Other	
<input type="radio"/>	To safeguard and protect vulnerable adults and children in accordance with PACT's Policies and Procedures at all times.

<input type="radio"/>	To undertake any other duties deemed commensurate with this post as directed by the line manager.
<input type="radio"/>	To take responsibility for, and be committed to, personal and professional development and keep up to date with law, regulation, guidance, standards, Government policy and research relating to all aspects of the work.
<input type="radio"/>	To demonstrate a commitment to promoting equality and diversity in the workplace and throughout service delivery.

Person specification

Essential Requirements	
<input type="radio"/>	A good understanding of domestic abuse and the impact on children and families, or an interest in working in this field.
<input type="radio"/>	Experience of working with vulnerable children or families.
<input type="radio"/>	Experience of partnership working with a range of agencies and professionals.
<input type="radio"/>	Proven experience of delivering groupwork programmes for vulnerable parents and/or children.
<input type="radio"/>	Can manage a complex workload from an office and remote environment, be organised and plan and prioritise efficiently, communicating regularly with the BB4K Service Lead and BB4K Manager.
<input type="radio"/>	Collaborate well with others as part of a team and be adaptable.
<input type="radio"/>	Fluent written and spoken English.
<input type="radio"/>	Proficient in use of Microsoft Office: Outlook, Word, Excel, database systems and virtual tools: Teams and Zoom.
<input type="radio"/>	Role requires travel: full UK driver's license and access to own car.
Desirable Requirements	
<input type="radio"/>	A relevant qualification or significant experience in social care / support work / domestic abuse or similar.
<input type="radio"/>	Knowledge and understanding of trauma-informed practice.
<input type="radio"/>	Experience or understanding of working in the voluntary sector.

This is a part time permanent opportunity working 22 hours per week across 3 days: either Mon, Tues and Weds, or Tues, Weds and Thurs working flexibly from our Reading office, from home and within the community covering West Berkshire, Reading and Wokingham.

PACT is committed to safeguarding and promoting the welfare of children, young people and vulnerable adults. Anyone joining our team is subject to PACT's Safer Recruitment pre-appointment enquiries. These include the provision of documentation of the right to work in the UK, Disclosure Barring Service (DBS) Enhanced plus barred check, overseas police check where applicable and references covering a minimum 5 year period. All opportunities are based in the UK. This post is subject to a satisfactory Enhanced DBS check.