

20 YEARS' SERVICE



Schools Advisory Service

# Health and Well-Being Services

available from SAS under your Staff Absence Insurance

All services are complimentary

## Physiotherapy Service

- Up to 5 free sessions provided
- We co-ordinate specialist treatment outside the NHS to speed recovery and return to work
- Programme developed for your personal needs

## Stress Counselling

- Up to 5 free sessions of phone, Facetime or Skype support
- Allows convenient access to a time and place to suit your needs
- Access to relationship counselling for you and your spouse / live in-partner



## How to Access

Download the Well-Being App now at [schooladvice.co.uk](http://schooladvice.co.uk) or via the Apple/Android store. Once downloaded click onto the relevant service you require to access more information.

Search for: schools advisory service



## Medical Support

- Access to over 150 operations performed at a local private hospital to you
- Cover includes surgeon, physician and anaesthetist fees

## Online GP with Video Consultation

- Access to free online GP video consultation
- Connects users with a doctor giving a rapid diagnosis
- Flexibility of a pre-planned appointment to fit in with you



**SAS PREHAB** Supporting staff at work  
**SAS REHAB** Supporting staff back to work

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