

## Job Description

### Bounce Back for Kids (BB4K) Support Worker

**Line manager:** BB4K Service Lead

**Direct reports:** None

**Indirect reports:** Volunteers that are co-facilitating groups

#### **The Role**

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Bounce Back for Kids (BB4K) is a support programme for children and families affected by domestic abuse. The programme uses therapeutic techniques, aimed at children aged between 3 and 11 years old and their non-abusing parent. It has been developed by Parents And Children Together (PACT) and provides support to families once the abuse has ended and the perpetrator is no longer living in the family home.

The key aims of the service are:

- To understand the cycle of domestic abuse
- To understand and heal from trauma
- Provide families with the tools to enable them to keep safe
- To validate and empower children and their parent / main carer
- To give parents the opportunity to see domestic abuse through the eyes of their child
- To strengthen positive and healthy attachments between children and their parent / main carer
- To raise children's self-esteem whilst giving them an opportunity to explore and express their feelings through fun, child-focussed activities in a safe therapeutic way
- To improve children's school attendance, learning and development

It is our intention to develop the service so that it is responsive to the individual needs of the families and could include groupwork, individual support, play, art, or drama therapy, Zoom workshops, newsletters or private social media groups.

The role of a BB4K Support Worker is key to supporting our families through providing outreach support, co-facilitating the BB4K group work as well as targeted 1-2-1 delivery of the programme when required.

## Key Tasks

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<b>Supporting families affected by domestic abuse</b>	
<input type="checkbox"/>	Work with the BB4K Service Lead to plan, promote and deliver BB4K groups for children and parents and 1-2-1 sessions to children and families in most need
<input type="checkbox"/>	Provide support to families who are not able to access a BB4K group or until a BB4K group is available in their area
<input type="checkbox"/>	Support the BB4K volunteers to deliver programmes and groups
<input type="checkbox"/>	Respond to BB4K queries and process referrals for BB4K programmes
<input type="checkbox"/>	Assess the need of families and signpost to other relevant agencies when appropriate
<input type="checkbox"/>	Delivery of other domestic abuse groups (such as Boost-up) either face to face or virtually
<b>Other</b>	
<input type="checkbox"/>	Undertake any other duties deemed commensurate with this post as directed by the line manager
<input type="checkbox"/>	Take responsibility for, and be committed to, personal and professional development and keep up to date with law, regulation, guidance, standards, Government policy and research relating to all aspects of the work
<input type="checkbox"/>	Safeguard and protect vulnerable adults and children in accordance with PACT's Policies and Procedures at all times

## Person specification

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<b>Essential Attributes</b>	
<input type="checkbox"/>	A good understanding of domestic abuse and the impact on children and families
<input type="checkbox"/>	Experience of working with vulnerable children or families in a range of community settings
<input type="checkbox"/>	Experience of partnership working with a range of agencies and professionals
<input type="checkbox"/>	Proven experience of delivering groupwork programmes for vulnerable parents and children in community settings

O	Able to manage a complex workload from an office and remote environment, be organised and able to plan and prioritise efficiently, communicate regularly with the BB4K Service Lead and BB4K Manager
O	Collaborate well with others as part of a team and be adaptable
O	Fluent written and spoken English
O	Proficient in use of Microsoft Office: Outlook, Word, Excel, database systems and virtual tools: Teams and Zoom
O	Role requires travel: full UK driver's license and access to own car
<b>Desirable Attributes</b>	
O	A relevant qualification or significant experience in social care / support work / domestic abuse or similar
O	Knowledge and understanding of trauma-informed practice

This post is full time. Core working hours are 8.30am to 5pm, Monday to Thursday and 8.30am to 4pm, Friday. May include occasional weekend working (1-2 times per year).

The role provides service delivery with regular travel across the Oxfordshire area. Additional remote working at home arrangements in place. Visits to PACT's head office in Reading will be required intermittently.

**PACT is committed to safeguarding and promoting the welfare of children, young people and vulnerable adults. This post is subject to a satisfactory DBS check, and where applicable, overseas checks.**